

# Spirit Lake Food Distribution Program

## Happy Easter

### FDP HOURS:

**Mon. 9:30am-12:00pm; 1:00pm-5:00pm**  
**Tues. 1:00pm-5:00pm**  
**Wed. 9:30am-12:00pm; 1:00pm-5:00pm**  
**Thurs. 9:30am-12:00pm; 1:00pm-5:00pm**  
**Fri. 9:30am-12:00pm**  
**More Info call 766-4684**

## April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Nutrition Education:</b> (For attending classes find out how to get a free set of cookware) Grain Lesson – <b>March 9<sup>th</sup></b> at 12:00pm-1:00pm and 2:00pm-3:00pm <b>March 14<sup>th</sup></b> at 12:00pm-1:00pm and 2:00pm-3:00pm Protein Lesson – <b>March 23<sup>rd</sup></b> at 12:00pm-1:00pm and 2:00pm-3:00pm <b>March 28<sup>th</sup></b> at 12:00pm-1:00pm and 2:00pm-3:00pm Dairy Lesson – <b>April 11<sup>th</sup> &amp; 20<sup>th</sup></b> at 12:00pm-1:00pm and 2:00pm-3:00pm						1
2	3 Closed for Inventory	4 Sr. Citizen Deliveries/ Food Truck AM	5 Sr. Citizen Deliveries/ Food Truck AM	6 Sr. Citizen Deliveries	7 Sr. Citizen Deliveries	8
9	10 Senior Citizens	11 <b>A-I</b> <small>Truck AM Open @ 1:00pm Nutrition Ed. 12pm-1pm &amp; 2pm-3pm</small>	12 <b>A-I</b>	13 <b>J-L</b>	14 <b>J-L</b>	15
16 <b>Happy Easter</b>	17 No Work Holiday	18 <b>M-Z</b> <small>Truck AM Open @ 1:00pm</small>	19 <b>M-Z</b> <small>Truck AM Open @ 11:00am</small>	20 <b>A-Z</b> <small>Nutrition Ed. 12pm-1pm &amp; 2pm-3pm</small>	21 <b>A-Z</b>	22
23/30	24 <b>A-Z</b>	25 <b>A-Z</b> <small>Truck AM Open @ 1:00pm</small>	26 <b>A-Z</b>	27 <b>A-Z</b>	28 <b>A-Z</b>	29