

Meth and Suicide Prevention initiative

Kara Jetty, Director

April 2019 – Monthly Report

We had our bullying and suicide event. Different speakers came and talked to the community and youth about bullying and suicide. We did not have the turn out that we would have liked due to the fact of another suicide event happening the week after on April 10th put on by the Spirit Lake Health Center, Behavioral Health. The students and community members that did attend said it was a very powerful event and they enjoyed the speakers because they had real life experiences and they had different ways of coping with the situations they were in. Suicide is 100% preventable.

4/5/19 – Bullying/Suicide event @ CCCC from 10:00 – 2:00.

4/10/19 – Spirit Lake Rising event with SL Health Center @ Spirit Lake Casino 9:00 – 3:00.

4/12/19 – Almira went to Warwick school to teach AILS curriculum.

4/11/19 – Mental Health/First Aid training in SL Conference Room 8:00 – 5:00.

4/13/19 – Tribal Health gospel jamboree @ CCCC 9:00 – 6:00.

4/15/19 – Quarterly report due to grantor. Excellent feedback on report program is in compliance with grant.

4/16/19 – No work, tribal primary voting.

4/17/19 – MSPI & Native Connections monthly suicide coalition meeting 2:00 – 3:00.

4/18/19 – Talking Circle @ Fort Totten Wellness Center 6:00 – 8:00.

4/19/19 – Good Friday ½ day of work.

4/22/19 – No work Easter Monday. Traveled to Omaha, NE for our regional MSPI meeting and the Tribal behavioral health conference.

4/23/19 – Regional MSPI meeting with our grantor and tech.

4/24/19 – National Tribal Behavioral Health Conference.

4/25/19 – Travel home from Omaha.

4/26/19 – Four Winds High School annual parent fair 10:00 – 1:00. Almira went to Warwick school to teach AILS curriculum.

4/28 – 5/2/19 – Travel to Mahnomon, MN for the 8th annual Self Harm Reduction Summit. For suicidal and drug sessions. White Earth Reservation shared the different resources and help they have for their community and surrounding areas.

