

Positive Statements for Districts B Basketball Tournaments & Regional Basketball Tournaments

**Have the announcer says these at your next
local sporting event!!**

- Parents are the #1 influence in a child's life.
- When a community supports a child, they are more likely to be successful.
- For youth in rural areas, positive influences go beyond the immediate family.
- Be a role model to your friends, family, and community members.
- Have you said a something positive to your child or grandchild today?

Build your child's self-esteem & keep it strong:

- Be honest with your child.
- Talk together every day.
- Laugh and play with your child.
- Ask questions in a positive way.
- Say one positive thing to your child every day.
- Don't expect more than your child can do.
- Find out what your child is good at. Then encourage it.
- Discipline with love.
- Be involved in your child's life.
- Show interest in what he/she's learning.
- Model a "can do" attitude.
- Praise your child when he/she does well.
- Say you're proud that he/she tries.
- Offer encouragement when he/she needs help.
- Teach your child how and why he/she's unique.
- Seek and appreciate your child's help.
- Give your child practice in making decisions.
- Reduce fear of rejection. Say, "All people make mistakes."
- Say, "I love you" daily.

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