

# Team Spirit Lake

## Emergency Preparedness Response Team

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### Keeping the Home Safe

#### Encourage your family members to...



#### All Households

- Clean hands at the door and at regular intervals
- Create habits and reminders to avoid touching their face and cover coughs and sneezes
- Disinfect surfaces like doorknobs, tablets and handrails regularly
- Increase ventilation by opening windows or adjusting air conditioning



#### Households with vulnerable seniors or those with significant underlying conditions

*Significant underlying conditions include heart, lung, kidney disease; diabetes; and conditions that suppress the immune system*

- Have the healthy people in the household conduct themselves as if they were a significant risk to the person with underlying conditions. For example, wash hands frequently before interacting with the person, such as by feeding or caring the person
- If possible, provide a protected space for vulnerable household members like elderly and those that are sick.
- Ensure all utensils and surfaces are cleaned regularly



#### Households with sick family members

- Give sick family members their own room if possible, and keep the door closed
- Have only one family member care for them
- Consider providing additional protections or more intensive care for household members over 65 years old or with underlying conditions

Protect the community and your loved ones by preventing the spread of coronavirus.