### March Newsletter 2016

### Spirit Lake Tribal Social Services

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### Dear Foster Parents,

Time is sure flying by seems February just started and now we have moved into March. SLTSS has entered February to May as training months. This will give you all the opportunity to get the 12hrs of mandatory training in. Being the new year started for the most part all Affidavit homes are up for re-newels on licensures with that please make sure to return all mailed out paperwork. This month's newsletter is short in simple hope you all enjoy ©

### Happy St. Patty Day & Happy Easter

http://emergingmama.com/things-parents-kids-experiencedtrauma-know-well/

http://www.supersoul.tv/supersoul-sessions/the-anatomy-of-trust

https://heardingchickens.wordpress.com/2015/12/14/she-let-meclean-the-puke-and-other-trauma-triumphs/

\*A few websites to help those who have brought certain questions to my attention. Deals with Trauma, Trust, and Learning Experience from a child's mind frame.





### **Upcoming Events**

### March 17

FAS: Larry Burd: Blue Building Conf. Rm. 9-11:30am.

### March 22

Unity Training: SLTSS: 5-7p: Open Discussion: Session 7

### April 5

Unity Training: SLTSS: 5-7p: Open Discussion: Session 2

### April 7

960 Training: Ina Olson: Blue Building Conf. Rm. 1-3pm

### April 12

Dakota Parent Education: Darla Thelie: SLTSS: 5-6:30p

### April 21

ADHD, ODD, RAD, Autism Spectrum, Youth Depression & Suicide: Blue Building Conf. Rm.: 9-4pm



## Fostering Communications

### More Important News

### **Fire Safety**

Fire Safety Training is now available online on the CFSTC website. Both the two-hour initial training along with the onehour refresher are provided. We encourage you to take a look at the Fire Safety as well as peek at the training calendar for other training opportunities.

### http://und.edu/centers/children-and-family-services-trainingcenter/online-training/fire-safety-training.cfm

we have had some highlights shine upon the agency. As you may all know SLTSS participated in a Foster Care Recruitment and Retention panel with Casey Family Foundation. The panel took place in Denver and we were able to bring two foster parents with to assist the agency. The two foster parents that we able to attend was Marva Tollefson and Bridget Wetzel. It was interesting in the aspect that SLTSS was an example on how success works with recruitment of licensed foster homes. This was big to us as we all know the negative press in the past so to bring in some sunshine and see a rainbow was rewarding to not only SLTSS but the community. Chuck, Marva, Bridgett and I answered any questions that those who attended may have had and we included factual information about current status with SLTSS. The outcome is that we are looking to partner up with surrounding counties to promote and recruit for the need of Potential Licensed Native American homes. At the next training we will discuss this a bit further and Marva  $\mathfrak{S}$ Bridget will be able to share their experience of the event also.





### In the Community

Dakota Culture Night: Location: CCCC Library: Date: 3/10/16: 4:30-6:30p: Every Thursday

**Snowshoeing: Sully's Hill** Location: Sully's Hill, Date: 3/12 & 26/16: 12-4p.

Adult Support Group: Location: Dakota Baptist Church: Date: every Tuesday, Time: 7-8:30p.

#### **Egg Coloring Workshop:** Location: CCCC: Natural Resource Rm. 3/22/16: 5-7p.

**30 Min. Meals Workshop:** Location: CCCC: Natural Resource Rm., 3/24/16: 5-7p

CCCC Spring People's Choice Art Show: CCCC Log Cabin: 3/30-4/1-2016

4<sup>th</sup> Annual Tribal College Research Symposium Amphitheatre: CCCC: 4/1/2016.

"Let us put our minds together to see what we can build for our children"

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# Spirit Lake Tribal Social Services

# Fostering Communications

### St. Patrick's Sherbet Float.



What You Will Need:

# Lime Sherbet 7-up How to Make Them:

Grab a clear glass and fill it with scoops of lime sherbet. If you don't have clear glasses, you can use any cup or glass you might have, but having clear is nice so you can actually see all the green. I used pint sized canning jars for ours, which I think looks really great. Enjoy ©

"Let us put our minds together to see what we can build for our children"

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